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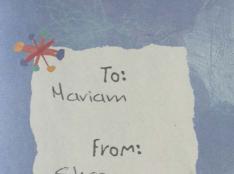
Attached to this Charming Petite" is a 24K gold-plated charm, which may be used as a bookmark or on a bracelet or necklace.



Jacket illustration by Donna Ingemanson Jacket Design by Heather Zschock

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Sheema (Bhabs!)

UNDERSTAND THIS LAUYAAW, WITEN EVER U NEED TO TALK OR JUST LET OUT , I AM THERE OK, IT IS THE TINIEST THINGS IN LIFE THAT YOU PULL YOU SO DOWN, THAT EVER ! THING SEEMS SO FAR AWAY AND UNACHEIN ABLE. TAIKING PUTS EVERTHING IN PERSPECTIVE CESP TALLLING TO BHABS (D)

SHEEMA

Compiled by Beth Mende Conny
Illustrated by Donna Ingenansor



PETER PAUPER PRESS, INC. WHITE PLAINS, NEW YORK

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## Dare to believe because believing makes it so.



Strong, positive beliefs are the foundation upon which all great lives are built. Such beliefs are magical. They can turn the ordinary into the extraordinary, the simple into the profound, a single step into a giant leap.

Let this collection help you make the leap to believing. Take its words to heart and mind. Use them to spur yourself to action and to embrace all you've ever wanted . . . all that you deserve.

Life loves to be taken by the lapel and be told: "I am with you kid. Let's go.

MAYA ANGELOU



It's all right to have BUTTERFLIES in your stomach.
Just get them to fly in formation.

DR. ROB GILBERT





It always comes back to the same necessity: go deep enough and there is a bedrock of truth, however hard.

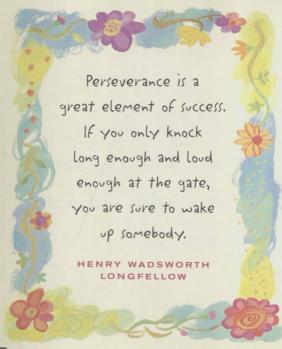
MAY SARTON

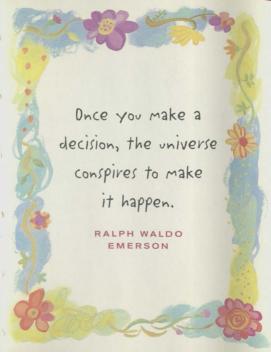


If you put a small value on yourself. rest assured that the world will not raise your price.

ANONYMOUS









far too many people are LOOKING for the right person, instead of trying to BE the right person.

GLORIA STEINEM







Chance is the pseudonym God uses when He does not want to sign His name.

ANATOLE FRANCE





is the most personal form of worship.

SARAH BAN BREATHNACH





BRUCE BARTON



The unseen energy that was once in Shakespeare or Picasso or Galileo, or any human form, is also available to all of us. That is because the spirit energy does not die, it simply changes form.

CONCERCIONO

WAYNE W DYER

[Follow your bliss and don't be afraid, and doors will open where you didn't know they were going to be.

JOSEPH CAMPBELL





You have to leave the city of your comfort and go into the wilderness of your intuition. What you'll discover will be wonderful. What you'll discover will be yourself.

ALAN ALDA



You have to have emptiness before it can be filled. You have to exhale before you can inhale.



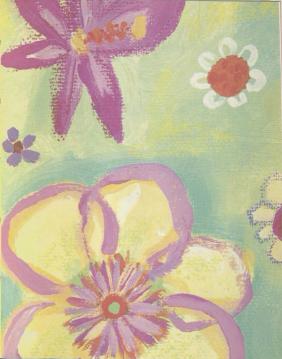


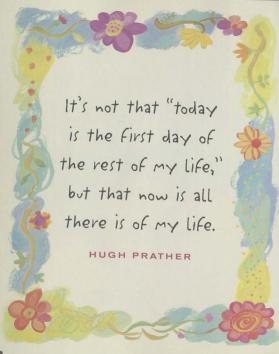


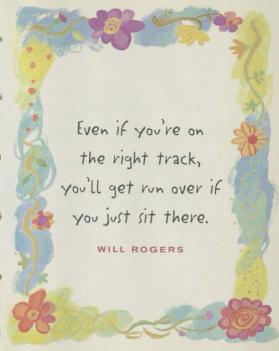
If every day is an awakening, you will never grow old. You will just keep growing.

GAIL SHEEHY











Let yourself be silently drawn by the strange pull of what you really love. It will not lead you astray.

RUMI





The only way to discover the limits of the possible is to go beyond them into the impossible.

ARTHUR C. CLARKE

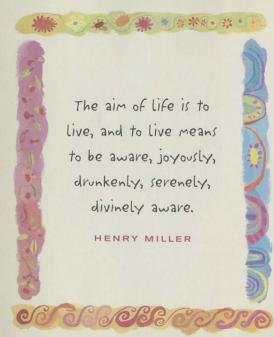


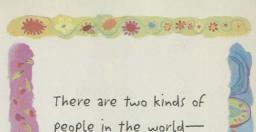
first you jump off the cliff and you build your wings on the way down.



RAY BRADBURY







those who walk into a room and say, "There you are," and those who say, "Here I am!"

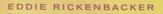
ABIGAIL VAN BUREN





Courage is doing what you're afraid to do.

There can be no courage unless you're scared.







We cannot do everything at once, but we can do something at once.





Private victories precede public victories.

STEPHEN R. COVEY





Our deepest fear is not that we are inadequate; our deepest fear is that we are powerful beyond all measure.

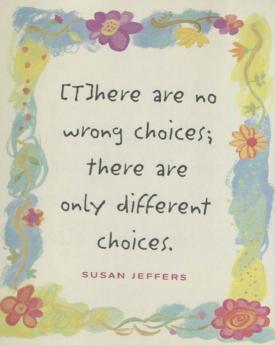
MARIANNE WILLIAMSON

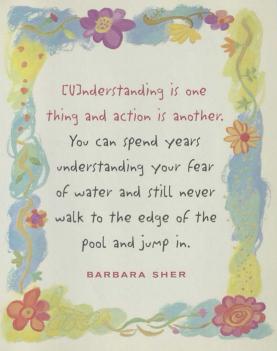


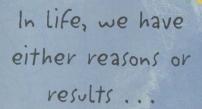
Always be a First-rate version of yourself, instead of a second-rate version of somebody else.



JUDY GARLAND







PETER McWILLIAMS





Let go of the place that holds, let go of the place that flinches, let go of the place that controls, let go of the place that fears. Just let the ground support me.

STEPHANIE KAZA



Good timber does not grow with ease; the stronger the wind, the stronger the trees.

J. WILLARD MARRIOTT



Don't be afraid your life will end. Be afraid that it will never begin.

GRACE HANSEN

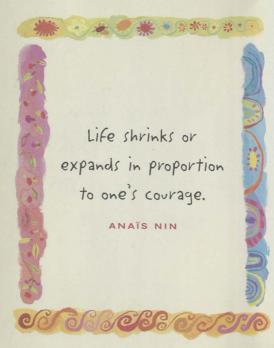


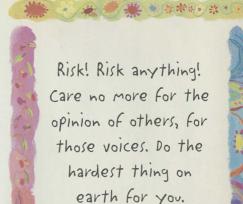


The only way to enjoy anything in this life is to earn it first.

GINGER ROGERS



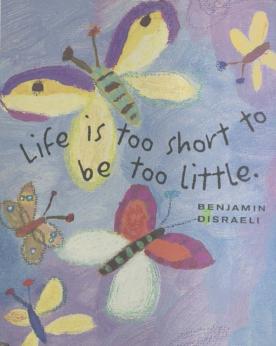




KATHERINE MANSFIELD

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Act for yourself.







If the hour happens
to be later than we may
have wished, take heart!
So much more to be
cherished is the bloom.

BRENDAN GILL



Ships in harbor are safe, but that's not what ships are built for.



JOHN SHEDD



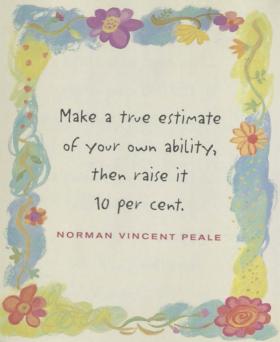
Our mental attitude is the X factor that determines our fate.

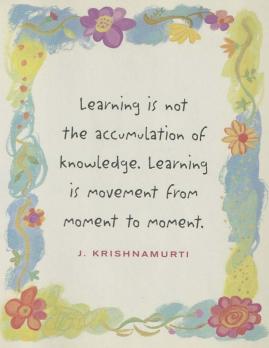
DALE CARNEGIE



[A]nyone in a state of SEEKING can never be happy. Only those who are constantly FINDING are Fulfilled. And finding is not something that happens to us—it is something we DO.

ALAN COHEN







fear is that little darkroom where negatives are developed.

MICHAEL PRITCHARD





We each are spinning our individual threads, lending texture, color, pattern, to the "big design" that is serving us all.

KAREN CASEY





When I'm old I'm never going to say, "I didn't do this" or, "I regret that." I'm going to say, "I don't regret a damn thing. I came, I went, and I did it all."

KIM BASINGER







Remember if people talk behind your back, it only means you are two steps ahead.

FANNIE FLAGG





Leap, and the net will appear.

JULIA CAMERON









The real moment of success is not the moment apparent to the crowd.

GEORGE BERNARD SHAW





There is only one real

sin and that is to

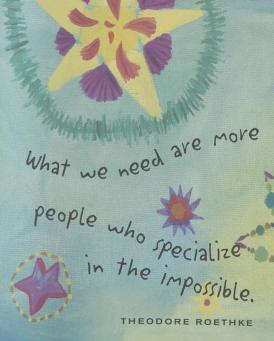
persuade oneself that

the second best is

anything but second best.

DORIS LESSING







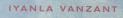
When in doubt, make a fool of yourself. There is a microscopically thin line between being brilliantly creative and acting like the most gigantic idiot on earth.

So what the hell, leap!

CYNTHIA HEIMEL



[W]hen we are willing to give up everything we have, the Divine will replace it with ten times more.





in fiction or in life—
to revise.

NANCY THAYER





Just one great idea can completely revolutionize your life.

EARL NIGHTINGALE





If you aren't going all the way, why go at all?

JOE NAMATH











[T]he easiest way to get what you want is to help others get what they want.

DEEPAK CHOPRA



We are wide-eyed in contemplating the possibility that life may exist elsewhere in the universe. but we wear blinders when contemplating the possibilities of life on earth.





If you do not change direction, you may end up where you are heading.

LAO-TSU









Beth Mende Conny is the founder of WriteDirections.com and the author of numerous Peter Pauper favorites, including What Highly Effective Women Know. She lives in Frederick, Maryland, with her husband and two daughters.



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